



International Taekwon-do Federation

By Laws

I.T.F. World Junior & Senior Tournament Rules – Amendment (pages 1-4 November 29th 2005)

SECTION I – GENERAL

T 4. DUTIES

- c. Five (5) Judges for pattern and pre arranged free sparring will be seated in a line facing the competition.

T 5 . COMPETITORS

SENIOR COMPETITORS

Senior competitors must be 18 years old or above and shall compete in the divisions laid down in the following rules, but all competitors must be I, II, III, IV, V or VI degree rank

T 15. AWARDS (Male and Female)

JUNIOR CHAMPIONSHIPS – TEAM

Female Power 4 GOLD – 4 SILVER – 8 BRONZE

Female Special Technique 4 GOLD – 4 SILVER – 8 BRONZE

Pre Arranged Free Sparring 2 GOLD – 2 SILVER – 4 BRONZE

SENIOR CHAMPIONSHIPS – TEAM

Female Power 4 GOLD – 4 SILVER – 8 BRONZE

Female Special Technique 4 GOLD – 4 SILVER – 8 BRONZE

Pre Arranged Free Sparring 2 GOLD – 2 SILVER – 4 BRONZE

T 17. DIVISION OF COMPETITION

Pattern Male/Female – I,II,III, IV to VI Degree divisions

INDIVIDUAL JUNIOR

The number of individual junior competitors who may enter each item is restricted to three (3) persons from each country. These competitors may be individuals or team members.

T 18. COMPETITORS NUMBERS – INDIVIDUAL AND TEAM

Teams may consist of a maximum of ten (10) competitors. (NOT NECESSARILY CHOSEN OUT OF THE INDIVIDUAL COMPETITORS)

Male

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern, Sparring, Special Technique and Power events.



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Changes of the team competitors are not allowed once they have been indicated for the various team events.

Female

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern and Sparring events.

A minimum of 3 competitors + 1 reserve (optional) may compete in Special Technique and Power events.

Changes of the team competitors are not allowed once they have been indicated for the various team events.

SECTION II – PATTERN

T 27. PERFORMANCE AND DECISIONS – INDIVIDUAL

4th, 5th and 6th degree will compete with 4th, 5th and 6th degree with the designated Pattern being any one from CHON-JI to MOON-MOO.

SECTION III - SPARRING

T 31. DIVISIONS

JUNIOR

Female:

- | | |
|------------|------------------|
| (a) MICRO | Up to 45 kg |
| (b) LIGHT | Over 45 to 50 kg |
| (c) MIDDLE | Over 50 to 55 kg |
| (d) HEAVY | Over 55 to 60 kg |
| (e) HYPER | Over 60 kg |

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class.

T 33. TARGET AREA

- a. Head at the front and sides but not at the back.

T 34. POINT AWARDS

- a. One (1) point will be awarded for:
Hand attack directed to mid or high section.
Hand attack while in air (both feet must be off the ground) directed to mid or high section.
- b. Two (2) points will be awarded for:
Foot attack directed to mid section.
Jumping or flying kick directed to mid section.
- c. Three (3) points will be awarded for:
Foot attack directed to high section.
Jumping or flying kick directed to high section.



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T 39. INJURY

- a. When a competitor is injured, the Centre Referee must stop the match and call the Doctor. At the moment the doctor is in front of the injured competitor, he has a maximum of two (2) minutes to diagnose, treat the wounds and decide about the match and competition continuation.

SECTION IV – POWER

T 44. PROCEDURE – INDIVIDUAL AND TEAM

INDIVIDUAL – ONE COMPETITOR ONE EVENT.

- b. In power breaking it is permitted to make one step forward, to slide, skip and or jump, an L-Stand forearm guarding block ready posture must be adopted before and after each attempt to break the board(s).

JUNIOR AND OR SENIOR – TEAM

Female

Teams (3 competitors + 1 reserve) will perform items as indicated in Article 43 and the procedures in a.-b.-c.-d.-e.-f.-g.-h. (Article 44) will be carried out.

SECTION V – SPECIAL TECHNIQUE

T 47. PROCEDURE – INDIVIDUAL AND TEAM

Female

Teams (3 competitors + 1 reserve) will perform items as indicated in Article 47 and the procedures in a.-b.-c.-d.-e.-f.-g.-h. (Article 44) will be carried out.

SECTION VI – PRE ARRANGED FREE SPARRING

T 49. DIVISIONS

Male, Female and/or Mixed Couples

JUNIOR AND SENIOR

T 50. PROCEDURE

Two (2) participants follow a prepared scenario that enables them to skilfully exhibit a wide variety of techniques without fear of injury.



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They shall participate according the following rules and regulations:

- a. Competitors may be from 1st to 6th degree.
- b. Competitors may be Male, Female and or Mixed Couples.
- c. Duration of one (1) round: minimum 50 seconds – maximum 60 seconds.
- d. Pre arranged free sparring shall consist of movements as show in the ITF Encyclopedia, Manuals, CD Rom and as taught in the International Instructor Courses.
- e. No protection gear may be worn.
- f. Teams shall compete once at a time colleting the scores from the five (5) referees.
- g. The eight (8) highest scored teams will set for the finals taking with them the scores obtained in the previous bout.
- h. The four highest scores out of the eight (8) teams will set 1st ,2nd and two (2) 3rd place winners.
- i. In the event of a tie teams will compete once more until the places are decided.

T 51. OFFICIALS FOR PRE ARRANGED FREE SPARRING

One (1) Jury President, two (2) Jury Members and five (5) Referees.

Rome, November 29th ,2005